

Bullies are not welcome at Camp Sertoma

A lot of young people have a good idea of what bullying is because they see it every day! Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending himself or herself. Usually, bullying happens over and over. Bullying is ...

- Punching, shoving and other acts that hurt people physically
- Spreading bad rumors about people
- Keeping certain people out of a "group"
- Teasing people in a mean way
- Getting certain people to "gang up" on others

There are many ways that young people bully each other, even if they don't realize it at the time. We encourage parents to talk about bullying with their children prior to camp. Please encourage your child to report problems to their counselors

Campers should not be afraid to approach their cabin counselor or Camp Director at any time -- asking to talk about things that are bothering them. If campers don't report problems, it is possible that Camp Sertoma staff members will remain unaware of the issues, and therefore the support and assistance they are prepared to offer may be delayed. We care very deeply about your camper's emotional and physical safety. Please encourage them to report problems as soon as possible. It's only when we don't know about a problem that we can't solve it.

CAMPER CONTRACT

I, _____, promise that I will do my best to keep Camp Sertoma a fun, safe and caring place. This means that I will:

1. Treat *everyone* with kindness and respect.
2. Resolve disagreements with other campers peacefully.
3. Never tease, hurt, name-call or bully another camper.
4. Refuse to join in if I see someone else being bullied.
5. Ask for help from an adult if I am bullied or see someone else is being bullied.

Date: _____

Camper's Signature

Parent/Guardian Signature